

10 August 2006

Training  
**DRILL SERGEANT PROGRAM (DSP)**

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**Summary.** This changes TRADOC Regulation 350-16, 16 February 2005, to update policies and procedures affecting implementation of the TRADOC DSP since the last publication of this regulation.

**Suggested improvements.** The proponent for this regulation is the Deputy Chief of Staff for Operations and Training (DCSOPS&T). Send comments and suggested improvements on DA Form 2028 (Recommended Changes to Publications and Blank Forms) through channels to Commander, USATC and Fort Jackson (ATZJ-DSPP), 2179 Sumter Street, Fort Jackson, SC 29207-5315. Suggested improvements may also be submitted on DA Form 1045 (Army Ideas for Excellence Program (AIEP) Proposal).

**Availability.** This publication is available via the TRADOC homepage at <http://www.tradoc.army.mil>.

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1. Change TRADOC Regulation 350-16, 16 February 2005, as follows:

Paragraph 2-1, subparagraph b. Insert after second sentence: “All personnel, sergeant (SGT) through sergeant first class (SFC), who complete DSS are awarded skill qualification identifiers (SQI) “X” and “8”.

Paragraph 2-2, subparagraph b. Change the sentence to read: “All personnel, SGT through SFC, who complete DSS and are assigned to a training unit, are awarded SQIs “X” and “8”.

Paragraph 2-15, subparagraph b. Insert after second sentence: “For FY06, the focus will be on increasing the minimum number of female DSs in AIT to two per company. In FY07, the focus will be to increase the minimum number of female DSs in AIT to three per company, or an appropriate percentage of authorized Drill Sergeants.”

Paragraph 2-15, subparagraph c. Insert after fourth sentence: “For FY06, the focus will be on increasing the minimum number of female DSs in gender-integrated OSUT to three per company, or an appropriate percentage of authorized Drill Sergeants.”

Paragraph 6-2, subparagraph b(2). Change sentences four through seven in their entirety to read: “Performance examinations are: E05-01, E05-03, E05-06, F06-03, F06-05, F06-07, F06-10, F06-12, F06-15, F06-17, H08-01, I09-07, SPT-11, SPT-12, SPT-13, SPT-14, SPT-16, and

SPT-17. Retest a DSLC receiving a “NO GO” in the performance examinations IAW the CMP (Candidate Testing). The written examinations are: B02-08, C03-05, E05-12, J10-08, J10-11, and SPT-18. The DSLC must receive at least a 70 percent on all written examinations to receive a “GO.” Retest a DSLC who receives less than 70 percent on written examinations IAW the CMP (Candidate Testing).”

2. Add to TRADOC Regulation 350-16, 16 February 2005, as follows:

Appendix F: Drill Sergeant Wellness Program.

## **Appendix F**

### **Drill Sergeant (DS) Wellness Program**

**Applicability:** This program applies to all units, either DSs assigned or attached, who meet the criteria listed below.

**Purpose:** To provide guidance for the DS Wellness Program.

**General:** The DS Wellness Program is intended to provide all mid-tour and third-year DSs the opportunity to spend quality time with their families, attend various classes, update personal information and records, and undergo dental, medical, and mental evaluations.

**Procedures:** DSs are an essential element of the training base. Management of their reception, orientation, development, and use of their great talent is essential to our success.

#### **1. General Guidelines:**

a. DSs will not perform CQ or Staff Duty the weekend prior to or during DS Wellness week (10 consecutive days).

b. DSs will have appointments made for them or they will have priority when tending to business on Post during DS Wellness week.

c. Every effort will be made to ensure all appointments are scheduled NLT 1300 hours in an effort to afford DSs maximum time with their family.

d. DSs will be given a 3 or 4-day weekend in conjunction with the scheduled week. They can choose to attend a Chaplain retreat during this time if they choose.

e. The DSs Wellness week (Trail Break) will be conducted between the 10<sup>th</sup> and 14<sup>th</sup> month. Commanders can choose to conduct another Drill Sergeant Wellness week between the 22<sup>nd</sup> and 26<sup>th</sup> month for DSs serving a third year.

#### **2. Religious Support Component:**

a. The Unit Ministry Team is the commander’s executive agent in support of the DS Wellness Program.

b. Training brigade commanders should coordinate with their Unit Ministry Team to provide the following training for their DSs:

(1) Suicide Prevention/Intervention Training.

(2) Family Enrichment Classes.

(3) Single Soldier Retreat.

(4) Marriage/Family Retreat (Retreats could include Myers-Briggs Personality Traits training, Building Strong and Ready Families/Strong Bonds training, and/or Relationship Enhancement Program).

### **3. Medical Component.**

a. Training brigade commanders will coordinate with their supporting medical treatment facility commanders to develop the medical component of the DS wellness program. The coordination may be made through the IET health care committee (see TRADOC Regulation 350-6, chapter 3, paragraph 3-46).

b. The medical components of a DS wellness program should include:

(1) Individual medical readiness elements, to include:

(a) Periodic physical examination (every 5 years).

(b) Well woman's examination, as applicable (annual).

(c) Immunizations (especially influenza [seasonal], tetanus-diphtheria [every 10 years]).

(d) Hearing test (annual).

(e) Vision examination and status of protective mask inserts (every 3 years).

(f) Human immunodeficiency virus test (every 2 years).

(g) Confirm deoxyribonucleic acid specimen on file.

(2) Follow-up on any health-related condition identified previously, especially if identified on a post-deployment questionnaire (DD Form 2796).

(3) Dental examination (annual).

(4) Behavioral health education and professional screening.

(5) All DSs should receive behavioral health-related briefings. The briefing should:

(a) Cover stress, depression, post-traumatic stress disorder, stress management, and anger management.

(b) Be conducted by a professional behavioral health provider (psychiatrist, psychologist, or social worker) or a Chaplain.

(c) Emphasize the point that seeking help is a sign of strength, not of weakness.

(d) Include a means (questionnaire, observation, etc.) by which DSs may be identified for follow-up interviews with behavioral health professionals, as necessary.

(6) DSs who have returned from deployment anytime within the past 3 years should receive one-on-one interviews with a behavioral health professional within the first 60 days of assignment.

**4. Other classes/appointments to be completed:**

a. Power of Attorney and Will updated (if needed).

b. DA Photo (if needed).

c. Records Update for Promotion Board (if needed).

d. Anger Management Class.

e. Appointment or class with Bde Cdr, Bde CSM, Chaplain.

f. IG update class.

g. Updates on TR 350-6 and 350-16 class”.

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\*Original signed document is retained on file by the TRADOC OCIO, Publications Officer